EMPLOYMENT HISTORY

Lesley Moran Mobile 07941 939676

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Education

The University of Derby – 1992- 1995 – B.Sc. Hons Degree: Occupational Therapy First Class.

City and Guilds Teaching Qualification 7307

Calibrated AMPS assessor – Assessment of Motor and Process Skills.

Diploma in Reflexology –International Institute of Reflexology March 2004 Full Member of the Association of Reflexology No 19273.

Certificate of Competency in Maternity Reflexology – Susanne Enzer part 1 and 2, Practitioner number 1052.

Pilates Matwork Teacher - Pilates Foundation number 662 2007

Pilates Foundation Post graduate course - Pre and Post Natal Pilates with Rachel Rafiefar

Spine safe Pilates- Cherry Baker and Tracey Gjertson May 2018

Diamond Pilates - Cherry Baker and Tracey Gjertson November 2017

EMPLOYMENT DETAILS

Pilates and Reflexology:

Matwork classes in the Derby area since 2007, 1 to 1 sessions by appointment

Reflexology

Reflexology clients since 2004 with a specific interest and training in maternity Reflexology.

Occupational Therapy:

Head Injury Rehab Ltd 2012 to present day:

Assessment of clients cognitive and physical abilities following traumatic brain injury. Rehabilitation to support regaining function and maximising independence and safety in activities of daily living.

DCHS (Derbyshire Community Health Services, NHS Trust) Band 7 Community Therapy Team Lead:

April 2002- May 2012 Responsibility for the operational management, supervision and practice development of the Occupational Therapy and Physiotherapy Community staff.

Clinical caseload – adults with a wide range of diagnosis in the community, specialising in clients with a long term neurological condition.

Sheffield Hallam and Nottingham University- Secondment July 2008-July 09 (12 months) Tuilip Project :

Interprofessional Learning Facilitator based in Women's Health Services Derby. Facilitation of groups and individuals, regarding learning across professions and joint working to enhance patient care.

Erewash PCT Sept 2000- April 2002:

Senior 1/ Deputy Head Occupational Therapist. Out patient caseload specialising in clients with neurological conditions. Deputizing for the Head Occupational Therapist in their absence.

Addenbrookes NHS Trust- Cambridge:

Senior 1 Occupational Therapist/ stroke care co- coordinator, April 1998- August 2000. Providing Occupational Therapy to an acute stroke unit, the development of Occupational Therapy services on a stroke rehabilitation ward in liaison with Physiotherapy colleagues.

Derbyshire Royal Infirmary NHS Trust:

January to March incl. 1998, temporary contract .Neurology out patients and Stroke Rehabilitation Unit

Senior II - Neurology out patients, July / August incl, 1998, temporary contract.

Ilkeston Community Hospital:

senior 2 locum position -Elderly Rehabilitation inpatients /Outpatients March-July 1998.

Derbyshire Royal Infirmary NHS Trust- basic grade rotations:

Stroke Rehabilitation Unit – September 1997 – February 1998. Hand Rehabilitation – March – August 1997.

Orthopaedic Out Patients, September 1996 – February 1997.

The Foundation Mental Health Trust Staffordshire -rotations:

Community Mental Health Service,, March – August 1995. Elderly Mental Health Service July 1995 - February 1996.